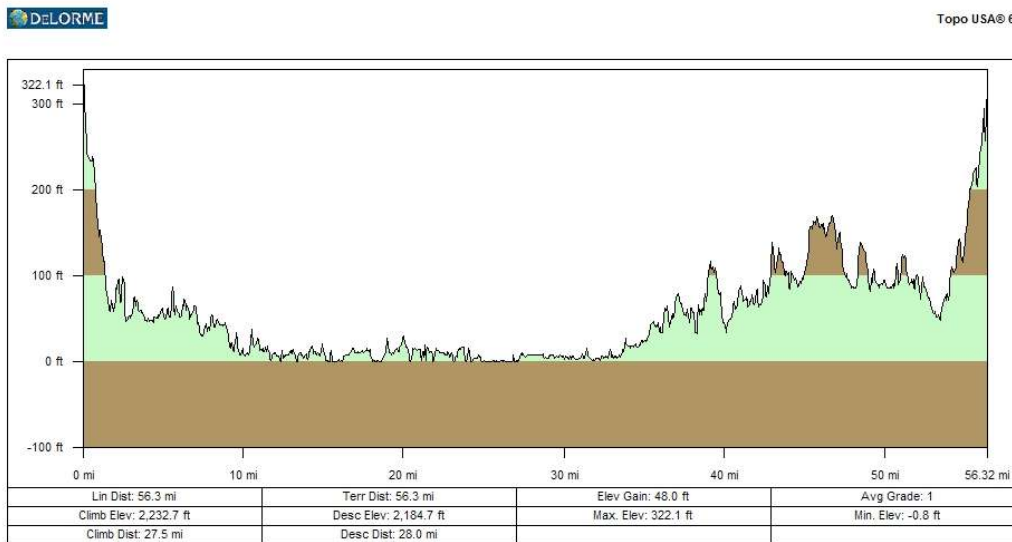
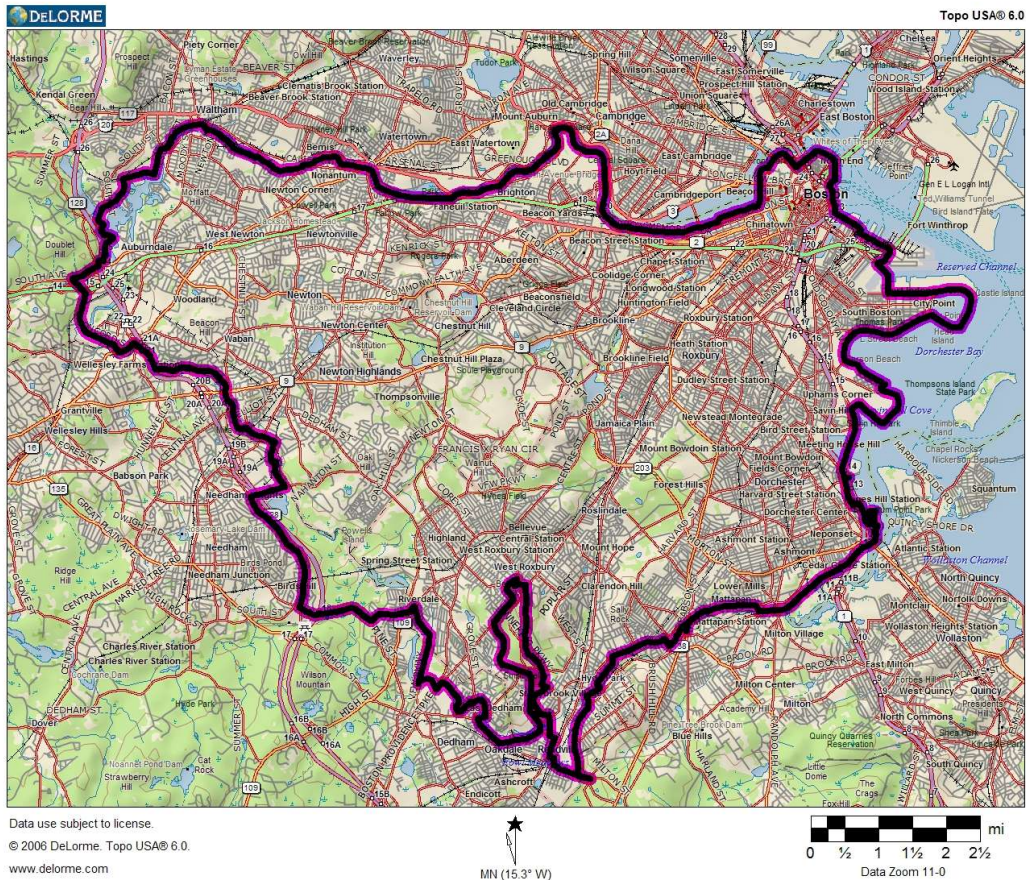


# Boston as an Island

## September 9, 2006

# 55 Miles for Doug's 55th Birthday



0.0	Start at top of Bellevue Hill	21.5	Right on old Northern Ave.
0.2	Cross West Roxbury Parkway	21.9	Cross old Northern Ave. bridge (yield to pedestrians)
0.2	Cross Washington St.		Right on Atlantic Ave.
0.3	Follow dirt road behind Domino's Pizza	22.0	
0.4	Cross Blue Ledge Dr. into Stony Brook Reservation	22.7	Right on Commercial St.
0.6	Bear right at fork in paths (Watch out for rough pavement at bottom of hill)	23.3	Straight on Causeway St. (at Charlestown Bridge)
1.5	Turn right into parking lot	23.5	Right toward North Station
1.5	Cross Enneking Parkway to Smith Field Road	23.6	Down ramp to Nashua St.
1.8	Left on Reservation Road at T	23.9	Bear right onto New Esplanade path
1.9	Right onto path immediately after playground	24.0	Cross Leverett Circle onto Charles River Path
2.1	Bear left at fork in path	24.1	Right past tennis courts if path is open
2.2	Left onto path at rink	24.4	Go under the Longfellow Bridge
2.6	Cross River St. onto path over Mill Pond dam (Cross Mother Brook)	24.8	Right over bridge onto island past Hatch Shell
2.7	Straight on Knight St.	25.4	Over bridge to mainland
2.8	Straight on Readville St.	25.7	Go under Mass. Ave.
2.9	Left on Neponset Valley Parkway	26.8	Go under B.U. Bridge
3.3	Left on Milton St.	27.7	Cross Cambridge St.
3.4	Right on Hyde Park Ave.	27.9	Cross Western Ave.
3.5	Left on Neponset Valley Parkway (After going under railroad tracks)	28.4	Cross N. Harvard St. (after Harvard Business School)
4.0	Turn around at Paul's Bridge over Neponset River	29.1	Go under Eliot Bridge
4.2	Right on Truman Parkway (Paved shoulder might become bike lane)	29.9	Northeastern Boathouse
4.8	Pass Martini Shell (Mural from 1999)	30.3	Cross Arsenal St.
5.2	Left on Dana Ave.	31.1	Cross North Beacon St.
5.4	Cross Neponset River (Just below confluence with Mother Brook)	32.5	Cross Galen St. at Watertown Square (Possible lunch stop)
5.5	Right on Walnut St.	32.6	Bear right onto Upper Charles Reservation Trail
5.7	Mural under Fairmount Ave. next to T station	33.6	Cross Bridge St. (follow heron tracks)
5.7	Left on Nott St.	34.1	Cross Charles River on 2005 bridge
5.8	Right on Fairmount Ave.	34.4	Left to cross Charles River on Farwell St.
5.9	Right on Pierce St.	34.4	Right across Farwell St. to path
6.3	Left on Metropolitan Ave. (not sharp left)	35.1	Cross Newton St.
6.4	Right on River St.	35.3	Right on Elm St.
7.2	Right on Monponset St.	35.4	Left through break in fence
7.3	Left on Edgewater Drive at river	35.6	Cross Moody St. onto path
7.6	Right on River St.	36.1	Cross Prospect St. into cemetery
7.7	Right on Blue Hill Ave.	37.1	Exit cemetery onto Charles River Rd. (left?)
7.8	U-Turn on Blue Hill Ave.	37.5	Left on South St.
8.0	Right on River St.	37.8	Left on Norumbega Rd.
9.0	Right on Central Ave.	38.7	Right under Rt. 128 to River Rd.
9.1	Left on Neponset Trail after crossing river (Mural on right)	38.8	Right on Comm. Ave. (Rt. 30)
9.4	Go under Adams St.	39.2	Left on Park Rd.
9.5	Cross Neponset River (Mural on left)	40.1	Becomes Concord St. in Newton
10.0	Go under High Speed Line (trolley out of service) (Murals on left before, right after)	40.7	Left on Rt. 16 (Washington St.)
10.3	Cross Granite Ave. at new light	41.0	Right on Quinobequin Road (under Rt. 128)
10.7	Cross Hallet St. (Mural on right in underpass)	42.9	Right on Chestnut St.
10.9	Go under Southeast Expressway (Mural on left)	43.5	Right on Oak St.
11.3	Right on Taylor St.	43.8	Cross Needham St. onto Christina St.
11.5	Left on Water St.	43.9	Right on railroad tracks over Charles River
11.6	Right on Walnut St.	44.2	Left on 2nd Ave.
11.7	Left on Ericsson St.	44.3	Right on 4th Ave.
11.8	Left on Lawley St.	44.7	Right on Kendrick St. (pass Cutler Park)
12.0	Right on Conley St.	45.2	Left on Greendale Ave.
12.1	Right on Neponset Trail along Tenean Beach	47.1	Left on Great Plain Ave.
12.5	Right on Tenean St.	47.5	Cross Route 128
12.6	Straight on Freeport St.	48.0	Cross Great Ditch (1648 canal) (Charles River marshes are on right)
12.9	Right on Victory Rd. (Neponset Trail could have gone between expressway and gas pumping station before 9/11)	48.4	Bear left on Needham St.
13.0	Turn around	49.0	Left on Bridge St.
13.1	Right on Freeport St.	49.1	Right on VFW Parkway
13.2	Right on Morrissey Boulevard	50.3	Stop at Mother Brook dam
13.4	Watch grating on drawbridge	50.3	Cross VFW Parkway at light to Dedham Mall
14.1	Right on path at Columbia Point	50.5	Right toward Mall
14.4	Pass U.Mass/Boston	50.5	Immediate Left on mall road
15.2	Pass Kennedy Library	50.7	Left on Washington St.
15.3	100 feet of missing path between pavement and gravel	50.8	Right on Curve St. after crossing Mother Brook
15.5	Right on Harborpath (Note granite markers with history, etc.)	51.2	Bear right on Maverick St.
16.2	Pass Mother's Rest (remnant of Olmsted's park)	51.4	Left on Colburn St.
16.3	Follow wide sidewalk along Carson Beach	51.7	Cross Bussey St. (Mother Brook Historical marker on right)
16.8	Follow wide sidewalk along Day Boulevard	51.8	Right on Emmett Ave.
17.8	Right on causeway around Pleasure Bay	52.1	Right on Sawmill Lane (View East Dedham Mill across mill pond on left)
19.1	Straight on Day Blvd. past Fort Independence	52.2	Left on Milton St.
19.4	Straight on 1st St.	52.7	Left on River St.
20.2	Right on Summer St.	53.3	Left on River St. over Mill Pond
20.7	Right on Drydock Ave.	53.4	Straight on Turtle Pond Parkway
20.8	Left on Harbor St.	54.2	Left on path before Enneking Parkway
21.0	Left on Northern Ave.	54.3	Cross Dedham Parkway
		54.5	Straight on West Boundary Rd.
		55.4	Right on Washington St.
		55.8	Left on Lagrange St.
		56.0	Right on Bellevue Hill Rd.
		56.2	Right on road to top of hill
		56.3	End of ride (descend to Doug's house for cake)