

MassBike Spins to the Harbor Islands, Sunday, July 24, 2011

<u>Miles</u>	<u>Action</u>	<u>Miles</u>	<u>Action</u>	<u>Miles</u>	<u>Action</u>
0.0	Start at Paul Revere Park	12.1	Right into Belle Isle Marsh	25.8	Cross Chelsea Creek on McArdle Bridge
0.0	Right on Constitution Road	12.8	Right on Bennington St.		(Danger: Grating Bridge)
0.2	Straight through Navy Yard	13.2	Right on Winthrop Ave.	26.0	Left on Williams St. at light
0.3	Straight on 1st Ave.	13.8	Right on Winthrop Parkway	26.2	Left on Broadway
0.8	Left on 16th St.	14.0	Straight on Revere St.	26.4	Right on Commandants Way
0.9	Right on Chelsea St.	14.4	Straight on Crest Ave.	26.6	Right onto path
1.0	Left on Terminal St.	14.6	Right on Winthrop Shore Drive	27.1	Left on Commandants Way
1.6	Right on Medford St.	15.7	Right on Beacon St.	27.4	Left on Beacham St.
2.1	Right on Main St.	15.8	Left on Shirley St.		(Danger: Urban Grayway!)
2.2	Right on Alford St. (MA 99)	16.6	Left on Elliot St.	28.5	Left on Robin St.
2.5	Cross Mystic River	16.7	Right on Tafts Ave.	28.8	Right on Dexter St. at end of street
	(Danger: Grating Bridge)	17.0	Left into Deer Island parking lot	28.9	Left on Broadway (MA 99) at light
2.9	Right on Dexter St. at light		(We'll stop for a photo at the big sign here.)	29.3	Cross Mystic River to Charlestown
3.0	Left on Robin St.	17.1	Straight on path along waterfront		(Danger: Grating Bridge)
3.4	Right on Beacham St.	18.4	Stop to view Harbor Islands	29.7	Go around rotary to Rutherford Ave.
	(Danger: Urban Grayway!)		Continue on path clockwise around island		(Ride on paved shoulder)
3.6	Everett Oil Tank Farm	19.5	Straight on Tafts Ave.	30.7	Right on sidewalk after parking lots
4.1	Chelsea Produce Market	19.5	Leave Deer Island	30.8	Left on Millers River path
	Straight on Williams St.	19.9	Straight on Shirley St.	30.9	Straight at end of path
	Left over McArdle Bridge	20.8	Left on Washington Ave.	31.1	End at Paul Revere Park
	(Danger: Grating Bridge)	21.3	Straight on Pleasant St.		
	Right on Condor St.	22.5	Left on MAIn St.		
	Left on Border St.	22.6	Straight on Saratoga St. into East Boston		
	Bear right on Border St.		(after crossing Belle Isle Inlet)		
	Left on New St.	23.3	Left on Bennington St.		
6.2	Left on Sumner St.		Look for Food		
6.5	Right on Bremen St.	23.5	Left over Blue Line on foot bridge		
	Left on Marginal St.	23.6	Lunch at Constitution Beach		
	Stop at the blue caboose	23.6	Right on path		
	Straight on Marginal St.	23.8	Exit park onto Coleridge St.		
7.2	Left on path at end	23.9	Right on Byron St.		
7.3	Right on waterfront path	24.1	Left on Homer St.		
7.9	Stop for view when path ends	24.2	Right on Moore St.		
7.9	Turn around	24.3	Cross Bennington St.		
8.5	Left through park	24.4	Left on Saratoga St.		
8.6	Right on Marginal St.	24.8	Left on Neptune Rd.		
9.2	Right on East Boston Greenway	24.8	R. on Chelsea St.		
9.7	Pass MBTA Airport Station	24.9	L. on Eagle St.		
10.1	Left on Prescott St.	25.0	R. on Condor St.		
10.1	Right on Bremen St.	25.1	R. on path through park		
10.3	Bear Right on Bennington St.	25.3	R. on Condor St.		
11.4	Cross Saratoga St. at light	25.7	Right on Meridian St.		

On this seventh annual ride to Boston's Harbor Islands, we'll bike a total of 30 miles from Charlestown, starting along the waterfront, then through Everett, and Chelsea to East Boston. We'll follow the East Boston Greenway and streets to Revere, then go south along the shore through Winthrop to the tip of Deer Island. We'll ride back through East Boston, stopping at Constitution Beach for lunch (there are lots of fast food places over the footbridge on Bennington St.), then across Chelsea to the Mystic River and back to Charlestown.

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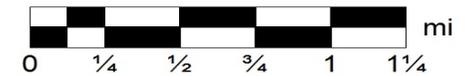
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